

# 2021 1st & 2<sup>nd</sup> Flag Football

## General Rules

1. Offensive team gets the ball at same starting point every series. Cone Starting Point.
2. 3 plays to cross midfield. Once a team crosses midfield, it has 3 plays to score a touchdown.
3. If a team fails to score, the ball changes possession and the new offensive team takes over from the Cone Starting Point.
4. Interceptions may be returned for a TD, but if not returned for a TD, then they start at the Cone Starting Point.
5. There are no kickoffs/no blocking.
6. Each half is 30 minutes with continuous clock. ONE timeout per half.

## Scoring

1. Touchdown – 6pts
2. Extra Point – 1pt – From 5-yard line  
– 2pts – From 10-yard line

## In Game Rules

1. QB cannot run with the ball.
2. **NO RUNNING ZONES** are located five yards from the end zone and five yards on either side of midfield. This is to avoid short-yardage and power running situations.
3. The player who takes the handoff can throw the ball from behind the line of scrimmage.
4. Once the ball has been handed off, all defensive players are eligible to rush.
5. Spinning is allowed, but players cannot leave their feet to avoid a defensive player (no diving). The ball is spotted where the ball carrier's feet are when the flag is pulled, not where the ball is.
6. All players are eligible to receive passes (including the center and the quarterback if the ball has been handed off behind the line of scrimmage).
7. A player must have at least one foot inbounds when making a reception.
8. The QB has a 6 second "pass clock." If a pass is not thrown within the six seconds, play is dead, loss of down. Once the ball is handed off, the six-second rule is no longer in effect.
9. All players who rush the passer must be a minimum of 9 yards from the line of scrimmage when the ball is snapped. Any number of players can rush the QB. Players not rushing the QB may defend on the line of scrimmage. Once the ball is handed off, the 9 yard rule no longer is in effect and all defenders may go behind the line of scrimmage.

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<u>Date</u>	<u>Teams</u>	<u>Field</u>	<u>Date</u>	<u>Teams</u>	<u>Field</u>
Aug. 26	1 v 2	1	Sept. 16	1 v 5	1
	3 v 4	2		3 v 6	2
	5 v 6	3		2 v 7	3
	7 v 8	4		4 v 8	4
Sept. 2	6 v 8	1	Sept. 23	4 v 5	1
	2 v 4	2		2 v 6	2
	1 v 3	3		1 v 8	3
	5 v 7	4		3 v 7	4
Sept. 9	1 v 4	1	<b><u>*All games are 5:15-6:15pm</u></b>		
	2 v 3	2			
	5 v 8	3			
	6 v 7	4			

**1<sup>st</sup> & 2<sup>nd</sup> grade games will be played on the fields north of the Early Childhood Center/preschool. Same area as the youth soccer fields. The fields have metal signs labeled 1-5.**

# 2021 1st & 2<sup>nd</sup> Flag Football

## 1 – Raiders

Mikaiah Henkle  
Greyson Van Engen  
Leela White  
Mason Van Roekel  
Tyler Hoogendoorn  
Brayden Beukelman  
Rhett Hartwig  
Peyton Rens  
Grady Mouw  
Will De Younge

### Coaches:

Huey Hartwig – 441-5401  
**COACH NEEDED**

## 2 – Cowboys

Cole Bajema  
Ledger Bosma  
Kaden Van Ravenswaay  
Lucas De Jong  
Timothy De Groot  
Haley Prescott  
Ezra Landegent  
Silas Hibma  
Edward Mosterd

### Coaches:

Kevin Bosma – 463-2024  
**COACH NEEDED**

## 3 – Packers

Brecken Hietbrink  
Boden Van Veldhuizen  
Easton Rozeboom  
Carson Dieleman  
Leyton Dieleman  
Brooks Dekkers  
Luke Dahm  
Conner Vande Griend  
Noah Truesdell

### Coaches:

Daren Dieleman – 449-5095  
**COACH NEEDED**

## 4 – Chiefs

George Rozenboom  
Leo Willits  
Jose Garcia  
Eli De Boer  
Roanen De Groot  
Charlie Schuiteman  
Beau Regnerus  
Wyatt Smit  
Diego Gonzalez

### Coaches:

Grant Willits – 360-0796  
**COACH NEEDED**

## 5 – Vikings

Roman Bleeker  
Isaiah Paulsen  
Anthony Rubio-Guerrero  
Spencer Kroeze  
Ezra Vander Werff  
Abraham Hill  
John Isakson  
Merrick Bleeker  
Myles Faber

### Coaches:

Brady Kroeze – 441-0052  
**COACH NEEDED**

## 6 - Seahawks

Oziah Richmond  
Grayson Vande Vegte  
Bryson Ackerman  
Brayden Van Maanen  
Bentley Kooistra  
Kadrian Van Ruler  
Garrett Hulstein  
Emmet Hoppe  
Jaydon Ackerman

### Coaches:

Dan Van Ruler – 463-2282  
Jared Ackerman – 540-1955

## 7 – Browns

Trace Conkling  
Hank Vermeer  
Kolter Vande Hoef  
Dominick Leusink  
Trace Gruhn  
Ayden Gruhn  
Maddox Sedelmeier  
Cason Cuperus  
Bentley Smit

### Coaches:

Elvis Sedelmeier – 463-3840  
**COACH NEEDED**

## 8 – Colts

Klayten Smit  
Dawsyn Vande Hoef  
Bennett Landman  
Kasen Van Kley  
Ezra Waddle  
Callum Gotto  
Kullen Hiemstra  
Will Van De Berg  
Jed Oostenink

### Coaches:

Cory Gotto – 441-7211  
**COACH NEEDED**