

2022 1st & 2nd Flag Football

General Rules

1. Games will be played 5 vs. 5.
2. Offensive team gets the ball at same starting point every series. Cone Starting Point.
3. 4 plays to cross midfield. Once a team crosses midfield, it has 4 plays to score a touchdown.
3. If a team fails to score, the ball changes possession and the new offensive team takes over from their Cone Starting Point.
4. Interceptions may be returned for a TD, but if not returned for a TD, then they start at the Cone Starting Point.
5. There are no kickoffs/no blocking.
6. Each half is 25 minutes. Switch sides after half.

Scoring

1. Touchdown – 6pts
2. Extra Point – 1pt – From 5-yard line
– 2pts – From 10-yard line

In Game Rules

1. Parent coaches will be the quarterback. The center will snap the ball. (Center is an eligible receiver.)
2. **NO RUNNING ZONES** are located five yards from the end zone and five yards from midfield.
3. The player who takes the handoff can throw the ball from behind the line of scrimmage.
4. Once the ball has been handed off, all defensive players are eligible to rush.
5. Ball is spotted where flag is pulled. Spinning is allowed, but players cannot leave their feet.
6. All players are eligible to receive passes (including the center)
7. A player must have at least one foot inbounds when making a reception.
8. The QB has a 6 second “pass clock.” If a pass is not thrown within the six seconds, play is dead, loss of down. Once the ball is handed off, the six-second rule is no longer in effect.

There will be a brief coaches meeting Sept. 1 at 5:00 before the first game.

| <u>Date</u> | <u>Teams</u> | <u>Field</u> | <u>Date</u> | <u>Teams</u> | <u>Field</u> |
|-------------|--------------|--------------|-------------|--------------|--------------|
| Sept. 1 | 1 v 4 | 1 | Sept. 22 | 5 v 9 | 1 |
| | 6 v 7 | 2 | | 2 v 8 | 2 |
| | 5 v 8 | 3 | | 1 v 6 | 3 |
| | 2 v 3 | 4 | | 4 v 7 | 4 |
| | 9 v 10 | 5 | | 3 v 10 | 5 |
| Sept. 8 | 5 v 6 | 1 | Sept. 29 | 8 v 9 | 1 |
| | 3 v 4 | 2 | | 2 v 4 | 2 |
| | 7 v 8 | 3 | | 1 v 3 | 3 |
| | 2 v 10 | 4 | | 6 v 10 | 4 |
| | 1 v 9 | 5 | | 5 v 7 | 5 |
| Sept. 15 | 4 v 6 | 1 | | | |
| | 7 v 9 | 2 | | | |
| | 2 v 5 | 3 | | | |
| | 1 v 10 | 4 | | | |
| | 3 v 8 | 5 | | | |

***All games are 5:15-6:15pm**

**Games will be played on the fields
North of the Early Childhood
Center/preschool.**

The fields have metal signs labeled 1-5.

2022 1st & 2nd Flag Football

1 – Raiders

Clay De Weerd
Axton Gibbons
Asher Kraayenbrink
Soren Mouw
Mason Van Roekel
Ledger Bosma
Ivy Baker
Brogan Lehman
Bentley Smit

2 – Cowboys

Reese Rozeboom
Shiloh Henkle
Jay Munneke
Eli De Boer
Wesley Miller
Hank Vermeer
Mikaiah Henkle
Knox Jacobson
Jaxon Solsma

3 – Packers

Colter Niemeyer
Brexton Niemeyer
Kaeden Stichka
Tyler Hoogendoorn
Cullen Mulder
Bennett Landman
Grayson Vande Vegte
Grant Holtrop
Gunner Groskreutz

4 – Chiefs

Bryce Davelaar
Sam Weatherman
Jason Pineda Corvera
Leyton Dieleman
Carson Dieleman
Beau Van Schepen
Brecken Hietbrink
Josiah Zavaleta
Eli Hall

Coaches:

Kevin Bosma – 463-2024
Heath Baker – 515-657-3386

Coaches:

Todd Rozeboom – 541-4049
Kyle Munneke – 605-951-3323

Coaches:

Taylor Stichka – 515-201-3432
Nathan Mulder – 441-6698

Coaches:

Daren Dieleman – 449-5095
Tony Weatherman – 330-0956

5 – Vikings

Bo Smolders
Vince Mosher
Brextyl Juzek
Hudson Feekes
Roanan De Groot
Bryson Ackerman
Jaydon Ackerman
Haden Boone
Myles Kooiker

6 - Seahawks

Karic Rozeboom
Coen Brown
Asher Foreman
Becker Vermeer
Brooks Dekkers
Colt Wenande
Klayten Smit
Jase Mulder
Harper Kroeze

7 – Browns

Vincent Aberson
Jefferson Perez
Klay Hulstein
Lucas De Jong
Jedidiah Schut
Kullen Hiemstra
Cole Bajema
Ethan Borger
Parker Smit

8 – Colts

Jude Rozenboom
Ryder Hewitt
Asher Kuiper
Xavier Dekkers
Garrett Zomermaand
Merrick Bleeker
George Rozenboom
Julian Postma
Roman Bleeker

Coaches:

Jared Ackerman – 540-4694
Doug Mosher

Coaches:

Brady Kroeze – 441-0052
Sarah Mulder – 441-9086

Coaches:

AJ Borger – 230-4678
Ross Hulstein – 441-2885

Coaches:

Dave Bleeker – 395-2396
Tom Rozenboom
541-780-1465

9 – Rams

Lincoln Van Kley
Levi Isakson
Christian Rodriguez
Braxton Byl
Samuel Dekkers
Oziah Richmond
Isaiah Paulsen
Rudy Ramirez
Edward Mosterd

Coaches:

Henry Byl – 441-6945
Andrew Paulsen
515-520-3267

10 – Chargers

Josiah Sandbulte
Kasen Town
Lincoln Govig
Brody Raih
Hendrik Haarhoff
Emmet Hoppe
Leo Willits
Kolter Vande Hoef
Asher Hoekstra

Coaches:

Darren Raih – 515-344-2464
Brent Town – 515-975-6387