

2009 SUMMER PROGRAMS FOR BOYS AND GIRLS

GENERAL INFORMATION:

- A. Make all checks payable to **SIoux CENTER RECREATION**.
- B. All grades refer to the grade the child has just completed.
- C. Car pools are for rural children only. On the registration sheet list the names and grades of the children in the car pool. Be sure to include the activities the car pool is for.
- D. RAIN NUMBER IS 722-0120 or listen to KSOU 1090AM, FM 93.9 or KDCR 88.5. Please do not call the station.
- E. YOU MUST RETURN THE FORM BY APRIL 21 TO THE SCHOOL OFFICE, THE ALL SEASONS CENTER OR THE CITY OFFICE TO AVOID A LATE FEE.

1. **K-BALL (Co-Rec baseball, boys & girls play together):** This 5-week program is for boys and girls just completing Kindergarten. Games will be played between 5:30 p.m. and 8:30 p.m. on Monday and Wednesday evenings at Tower Fields beginning June 1 through July 1. Schedules will be handed out in the schools. Cost is \$15.00 which includes a T-shirt. **Volunteer parent coaches are NEEDED for this program.** Your help would be appreciated. Questions call Dave Ruter at 722-4386 ext. 3.
2. **1ST & 2ND GRADE BOYS BASEBALL:** This 5-week program is for boys who have completed 1st or 2nd grade. Games will be played on Monday and Wednesday evenings between 5:30 & 8:30 p.m. at Tower Fields beginning June 1 through July 1. Cost is \$15.00 which includes a T-shirt. Schedules will be handed out in the schools. **Volunteer parent coaches are NEEDED for this program.** Your help would be greatly appreciated. Questions call Dave Ruter at 722-4386 ext. 3.
3. **1ST & 2ND GRADE GIRLS SOFTBALL:** This 5-week program is for girls who have completed 1st or 2nd grade. Games will be played on Monday and Wednesday evenings between 5:30 & 8:30 p.m. at Tower Fields beginning June 1 through July 1. Cost is \$15.00 which includes a T-shirt. Schedules will be handed out in the schools. **Volunteer parent coaches are NEEDED for this program.** Your help would be greatly appreciated. Questions call Dave Ruter at 722-4386 ext. 3.
4. **3RD-4TH GRADE BOYS BASEBALL:** This 6 week program is for boys who have completed 3rd or 4th grade. Games will be played on Tuesday & Thursday evenings between 5:30 and 9:00 p.m. at Tower Fields beginning May 28-July 2. Cost is \$15.00 which includes a T-shirt. Schedules will be handed out in the schools. Volunteer parent coaches are NEEDED for this program. Your help would be greatly appreciated. Questions call Dave Ruter at 722-4386 ext. 3.
5. **3RD-4TH GRADE GIRLS SOFTBALL:** This 6 week program is for girls who have completed 3rd or 4th grade. Games will be played on Tuesday & Thursday evenings between 5:30 and 9:00 p.m. at Tower Fields beginning May 28-July 2. Cost is \$15.00 which includes a T-shirt. Schedules will be handed out in the schools. Volunteer parent coaches are NEEDED for this program. Your help would be greatly appreciated. Questions call Dave Ruter at 722-4386 ext. 3.
6. **5TH-6TH GRADE BOYS BASEBALL:** This 6 week program is for boys who have completed 5th or 6th grade. Games will be played on Tuesday & Thursday evenings between 5:30 and 9:00 p.m. at Tower Fields beginning May 28-July 2. Games will also be scheduled with area teams (Rock Valley, Hull, and Orange City). Tournament teams will also be formed (details coming later). Cost is \$15.00 which includes a T-shirt. Schedules will be handed out in the schools. Volunteer parent coaches are NEEDED for this program. Your help would be greatly appreciated. Questions call Dave Ruter at 722-4386 ext. 3.
7. **5TH-6TH GRADE GIRLS SOFTBALL:** This 6 week program is for girls who have completed 5th or 6th grade. Games will be played on Tuesday & Thursday evenings between 5:30 and 9:00 p.m. at Tower Fields beginning May 28-July 2. Cost is \$15.00 which includes a T-shirt. Schedules will be handed out in the schools. Volunteer parent coaches are NEEDED for this program. Your help would be greatly appreciated. Questions call Dave Ruter at 722-4386 ext. 3.
8. **GOLF LESSONS:** Contact Matt Nice at The Ridge golf course 722-4866 or visit their website at www.siouxcenterridge.com.

9. **TENNIS LESSONS:** This 2 week program is for 3rd-8th grade boys and girls, beginner and intermediate classes. Beginner's classes will meet at 8:30 & 9:30 a.m. Intermediate class meets at 10:30 a.m. at the Open Space tennis courts. Class dates are Monday-Friday June 8-19. Cost is \$10.00. Participants must supply their own rackets. Tennis balls will be provided. Instructor is Lavonne Bolkema 722-2843. **Class size is limited to 8 in each group. Call Dave Ruter at the All Seasons Center 712-722-4386 ext. 3 to register.**
10. **SWIM LESSONS:** Red Cross swimming lessons will be held for children who have at minimum completed 1st grade or be at least 7 years old. There will be 3 separate courses running 5 days a week between 8:30 a.m. and 10:30 a.m. All sessions will be held at the All Seasons Center. The first session will run June 8-19. The second session will run June 22-July 3. The third session will run July 6-17. Watch the Sioux Center News for schedules. If a child misses more than 2 classes they will be disqualified. Cost is \$20.00/child.
11. **HERSHEY TRACK MEET:** On Saturday, May 9 at 3:00 p.m. the Hershey Track Meet will be held at Open Space Park Track. All boys and girls from 9-14 years old (as of Dec. 31, 2009) are eligible to compete. There is no entry fee for this event. **See separate entry form.** Questions call Dave Ruter at 722-4386 ext 3.
12. **PRAIRIE FIRE CHILDREN'S THEATER:** Prairie Fire Children's Theatre will again be doing a one-week residency in Sioux Center, July 20-25. This year the play will be "Jack and the Beanstalk". Local children from the Sioux Center School District will be able to audition for the cast on Monday, July 20. This summer the residency will be held in the Sioux Center Middle School gym. Watch the local papers for more information. Questions call Miriam at 722-0761.
13. **SUMMER ARTS & CRAFTS:** There will be 3 one-week sessions of Arts & Crafts for students K-6th grade. All 3 sessions will be held from 9:00-11:00 a.m. in the east shelter house of Children's Park Monday thru Thursday starting June 8. Cost is \$10.00/week. Students K-6th grade can enroll in as many sessions as they like. Questions call Miriam at 722-0761. Sessions schedules are as follows:
- | | | |
|----------------------|----------------------------------|-------------------|
| a. SESSION 1: | Mobiles & Wind Chimes | June 8-11 |
| b. SESSION 2: | Baskets & Weaving | June 15-18 |
| c. SESSION 3: | Tie Dye | June 22-25 |
14. **GYMNASTICS:** Sioux Center Gymnastics will have a 5 week Spring/Summer session from May 4th-June 8th. All gymnasts will experience each apparatus. Girls: Beam-Vault-Floor-Bars. Boys: Vault-Floor-Parallel Bars-HighBar-Rings-Pommel. The cost for this 5 week session is \$30.00, due at registration. Registration will be held on Wednesday, April 15 from 3:00-6:00 p.m. in the Gymnastics Room at the Dordt College Recreation Center. You may sign up for a class at one of the following times: 4:00-5:00p.m., 5:10-6:10p.m. or 6:20-7:20p.m. Monday thru Thursday. Open Gym will be held on Saturdays from 9:00a.m.-NOON beginning May 9- June 13. If you can't make the registration day, please phone the gym at 722-4420 or call Joan at 712-567-4725.
15. **NATURE DAYS:** Session 1 ADVENTURER. Discovering nature around you for Kindergarten – 1st grade on July 10 from 1-3 p.m. Cost is \$5/child. Session 2 EXPLORER. Discovering Sandy Hollow for 2nd, 3rd & 4th grades on July 16 from 1-3 p.m. Cost is \$8/child. A light snack & drink will be provided at both Nature Days. Volunteers are NEEDED to help supervise children for this program. Your help would be greatly appreciated. Questions contact Emily at 722-4386 ext. 5. Meet on the front lawn of the All Seasons Center. Program led by Sunday Ford, Sioux County Conservation Assistant Director/Naturalist.

PLEASE NOTE:

CAR POOLERS: Please contact the other families in your car pool before listing them and include the last name for all children and the program it is for. Forms for children in car pools can be returned stapled together.

REC CARDS: Available thru the Mid-Sioux Office. Guidelines are similar to fuel assistance. Return your forms to the Mid-Sioux Offices or the City Office by due date. Questions call 722-3611. REC CARDS will not be accepted after the due date without paying the \$5.00 late fee.

SPLIT FEES: You will be able to split your payment for Summer Recreation by including one check with the current date and one postdated for June 1.

LATE FEES: Be sure to return the Summer Form by April 21 to either the school office, All Seasons Center or City Office to avoid a \$5.00 late fee. The night deposit box is available at the All Seasons Center & City Office.

2009 SUMMER RECREATION REGISTRATION FORM

Name: _____ Grade: _____ Male/Female (circle)

School: _____ Phone: _____

Shirt size: Youth S M L Adult S M L XL (Please circle) **FOR K-Ball, 1st – 6th BASEBALL/SOFTBALL ONLY**

Activities:

- _____ K-BALL - \$15.00
- _____ 1st & 2nd Grade Boys Baseball – \$15.00
- _____ 1st & 2nd Grade Girls Softball - \$15.00
- _____ 3rd & 4th Grade Baseball - \$15.00
- _____ 3rd & 4th Grade Softball - \$15.00
- _____ 5th & 6th Grade Baseball - \$15.00
- _____ 5th & 6th Grade Softball - \$15.00

Please ✓ check one:

_____ Yes, I would be willing to be a volunteer coach. Coach's shirt size _____
 I would like to coach with _____

_____ No, I do not want to volunteer to coach.

Name _____ Phone Number _____

_____ **Swim Lessons - \$20.00**

_____ Level 2

_____ Level 3

_____ Level 4

_____ Level 5

_____ Level 6

_____ Level 7

_____ Lifeguard Readiness – must be a minimum of 12 years old.

_____ Level unknown – will phone results later to ASC 722-4386 ext. 3

Please indicate below which swim lesson session you would like to attend?

_____ **1st Session:** June 8-19

_____ **2nd Session:** June 22-July 3

_____ **3rd Session:** July 6-17

- _____ **Summer Arts and Crafts - \$10.00**
- Session 1 **June 8-11** _____ K-2 _____ 3-6
- Session 2 **June 15-18** _____ K-2 _____ 3-6
- Session 3 **June 22-25** _____ K-2 _____ 3-6

_____ **Nature Days**

Session 1 **July 10 - \$5.00** _____ ADVENTURER (Kindergarten – 1st Grade)

Session 2 **July 16 - \$8.00** _____ EXPLORER (2nd, 3rd & 4th Grade)

Please ✓ check one:

_____ Yes, I would be willing to help supervise.

_____ No, I do not want to help supervise.

Name _____ Phone Number _____

TOTAL _____

LATE FEE (disregard if returned by April 21) \$5.00

AMOUNT ENCLOSED _____

By signing this form the program directors and their employer, the City of Sioux Center, will not be held liable for any injuries that occur during the Summer Recreation Program.

PARENT SIGNATURE _____ DATE / / _____

The City of Sioux Center complies with the American with Disabilities Act. To our disabled friends: If you need special accommodations for program participation, please call 722-0761. We are waiting to serve you.

RURAL PEOPLE ONLY!!!!!!

CAR POOL FOR WHICH PROGRAM? _____

1. _____ 2. _____
3. _____ 4. _____

PLEASE RETURN TO THE SCHOOL/CITY/ALL SEASONS CENTER OFFICE BY APRIL 21

PLEASE!!! ONE REGISTRATION FORM PER CHILD! Thank You ☺

2009 Hershey Track Meet Saturday, May 9 at Open Space

Entry Form

The Sioux Center Recreation Department is sponsoring the Hershey Track Meet at Open Space Park on Saturday, May 9. Field events begin at 3:00 p.m. All events should be concluded by 6:00 p.m. This event is FREE and open to all boys and girls born in 1995-2000. Participants may enter 3 events – either 2 fields and 1 running or 2 running and 1 field. (The relay counts as a running event) Please complete the entry form and circle the events you wish to participate in.

RETURN TO SCHOOL BY TUESDAY, APRIL 21

Please Print

Name: _____ Male or Female: _____

Phone Number: _____ School: _____

Date of Birth: Month _____ Day _____ Year _____

Age as of December 31, 2009 _____ (You must compete in the age group by how old you are on December 31, 2009)

Boys 9-10 (Born in 1999-2000)

1. 50 meter dash
2. 100 meter dash
3. 200 meter dash
4. 400 meter dash
5. Standing Long Jump
6. Softball Throw
7. 4x100 meter relay (list below)

Name:

1. _____ (born) 19____
2. _____ 19____
3. _____ 19____
4. _____ 19____

Girls 9-10 (Born in 1999-2000)

1. 50 meter
2. 100 meter dash
3. 200 meter dash
4. 400 meter dash
5. Standing Long Jump
6. Softball Throw
7. 4x100 meter relay (list below)

Name:

1. _____ (born) 19____
2. _____ 19____
3. _____ 19____
4. _____ 19____

Boys 11-12 (Born in 1997-1998)

1. 100 meter dash
2. 200 meter dash
3. 400 meter dash
4. 800 meter run
5. Standing Long Jump
6. Softball Throw
7. 4x100 meter relay (list below)

Name:

1. _____ (born) 19____
2. _____ 19____
3. _____ 19____
4. _____ 19____

Girls 11-12 (Born in 1997-1998)

1. 100 meter dash
2. 200 meter dash
3. 400 meter dash
4. 800 meter run
5. Standing Long Jump
6. Softball Throw
7. 4x100 meter relay (list below)

Name:

1. _____ (born) 19____
2. _____ 19____
3. _____ 19____
4. _____ 19____

OVER

Boys 13-14 (Born in 1995-1996)

1. 100 meter dash
2. 200 meter dash
3. 800 meter run
4. 1600 meter run
5. Standing Long Jump
6. Softball Throw
7. 4x100 meter relay (list below)

Name:

1. _____ (born) 19__
2. _____ 19__
3. _____ 19__
4. _____ 19__

Girls 13-14 (Born in 1995-1996)

1. 100 meter dash
2. 200 meter dash
3. 800 meter run
4. 1600 meter run
5. Standing Long Jump
6. Softball Throw
7. 4x100 meter relay (list below)

Name:

1. _____ (born) 19__
2. _____ 19__
3. _____ 19__
4. _____ 19__

All participants must compete in their age group and gender division.

RETURN TO SCHOOL BY TUESDAY, APRIL 21.

We need volunteers to time and measure. Would you be willing to help?

Name: _____ Event: _____

Phone: (day) _____ (night) _____

*****All volunteers will receive a coupon for a free pizza and pop after the meet at the Pizza Ranch*****

The above named participant and the participant's parent/legal guardian have requested registration of the participant in the Hershey Youth Program. In consideration of such registration, the right of the participant to compete in the Hershey Youth Program and the use by the participant of the sponsoring agency's facilities at the participant's sole risk and the participant on his/her own behalf and on the behalf of his/her heir, executors, administrators, and assign hereby release, discharge and agree to hold harmless Hershey Food Corporation and its franchises and the National Recreation and Park Association, the National Association for Sports & Physical Education, the President's Council on Physical Fitness and Sports, Sioux Center Recreation & Arts Council and the City of Sioux Center. We also agree to allow Hershey Youth Program to use and reproduce the participant's name and/or likeness and/or information concerning the participant to circulate the same for any and all purposes in any manner. We certify that the information on this participation form is correct.

Signature of Parent/Guardian: _____

Date: _____